



16th ANNUAL MATS ATHLETIC TRAINING STUDENT SEMINAR
Grand Valley State University
Sunday, October 20, 2019
brought to you by MioTech

8:00am – 8:30am	Registration & Breakfast (Provided) <i>Sponsored by Athletico and Henry Ford Sports Medicine</i>	<i>Henry Hall/Loutit Lobby</i>
8:30:00am – 9:00am	Welcome & Introductions MATS Update MHSAA MATS YPC Intro/update.	Eliza MacDonald – Chair, MATS ATSC Kevin Parker – MATS President Mark Uyl - MHSAA President ATSC Members
9:00am – 9:15am	<i>Break - Speaker Setup</i>	
9:15am – 10:00am	Blood Flow Restriction	John Goetschius, PhD, AT, ATC of GVSU
10:00am - 10:15am	<i>Break - Speaker Setup</i>	
10:15am – 11:00am	Opioid Crisis	David Berry, PhD, AT, ATC of SVSU
11:00am – 12:00pm	<i>Lunch - Networking with Peers Across Institutions</i> (Provided)	<i>Sponsored by the MHSAA</i> <i>Henry Hall/Loutit Lobby</i>
12:00pm – 1:00PM	KEYNOTE: “Whats your Story?” Thoughts on Leadership <i>Sponsored by Henry Ford Sports Medicine</i>	Lorin Cartwright
1:00pm – 1:15pm	<i>Break - Transition to Breakout Session 1</i>	
1:15pm — 2:00pm	Breakout Session 1 (1-5)	See Back of Page
2:00pm – 2:15pm	<i>Break - Transition to Breakout Session 2</i>	
2:15pm – 3:00pm	Breakout Session 2 (1-5)	See Back of Page
3:00pm – 3:30pm	<i>Break - MATS Bowl Preparation</i>	<i>MATS Bowl Participants Report Back</i>
3:30pm – 5:00pm	MATS Bowl	
5:00pm	<i>Dismissal</i>	

Breakout Session Schedule

Breakout Session 1 (1:15pm - 2:00 pm):

- 1. How Can You Stand out From the Crowd: Resume Do's and Don'ts and Interview Questions**
MATS Young Professional Committee MATS
- 2. What to Consider When You Get Your First Job**
Christina Evers, EdD, AT, ATC from Henry Ford Health Systems
- 3. Manual Therapy**
Heather Schuyler, MS, AT, ATC from Adrian College
- 4. Athletic Training in the Industrial Setting**
Patrick Wykes, MA, AT, ATC, PTA from Herman Miller

Break - Transition to Breakout Session 2 (2:00pm – 2:15pm)

Breakout Session (2:15pm - 3:00pm):

- 1. How Can You Stand out From the Crowd: Resume Do's and Don'ts and Interview Questions**
MATS Young Professional Committee MATS
- 2. Addressing Psychosocial Factors to Improve Outcomes after Sports-Related Injury**
Shelby Baez, PhD, AT, ATC from Michigan State University
- 3. Athletic Training in the Physician Practice**
Stacey Glumm MS, AT, ATC, OTC from Michigan State University
- 4. The Scientific Merit of CTE**
Dr. Michael Lawrence from Spectrum Health Medical Group - Neurology and Clinical Neuropsychology